

*Note: Entries with an \* indicates a resource is listed in more than one section.*

<b>Covid Prevention Protocols</b>				
<b>Date</b>	<b>Source</b>	<b>Protocol Name</b>	<b>URL</b>	<b>Notes: Email Karen for files</b>
Nov, 2020	Dr. Mercola	NAC's Critical Role in Preventing/Treating COVID-19		PDF
1/4/2021	Dr. Mercola	Artemisinin from Sweet Wormwood Inhibits Sars-CoV-2		PDF
March, 2021	Dr. Mercola	Hydroxychloroquine reduces C-Deaths		PDF
6/30/2021	Dr. Fleming	Covid Treatments & Vaccinations		PDF
7/19/2021	Melanie Rubin	*Issues, prevention, tx		7 pages, Word file
8/9/2021	FLCCC	*Covid Prevention & Treatment		JPEG
9/4/2021	Dr. Nieuwsma, Westfall	How to Keep from Getting Sick Protocols		Word
Oct, 2021	Dr. Mercola	Vit. D reduces C-Deaths		PDF
10/13/2021	Drs. McCullough, Gold, Ealy	*Natural remedies	<a href="https://www.covidcon21.com/index.php/natural-prevention-early-treatment/">https://www.covidcon21.com/index.php/natural-prevention-early-treatment/</a> , <a href="https://vsecretsc.com/cv-treatment? kx=-Ajkbrfq5adeE6P0sj0KZyV7Azeh_DGbfZdjPxAc8M4%3D.WXNMR7">https://vsecretsc.com/cv-treatment? kx=-Ajkbrfq5adeE6P0sj0KZyV7Azeh_DGbfZdjPxAc8M4%3D.WXNMR7</a>	
11/4/2021	David Adair	Prevention, treatment, detox protocols		Word
11/11/2021	Dr. Ardis	*Prevention & Immune Protocol	<a href="https://deeproootsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/">https://deeproootsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/</a>	
12/8/2021	Dr. Kory	Comparison Covid TX	<a href="https://c19early.com/">https://c19early.com/</a>	
2/21/2022	Sarah Westfall	Illness prevention w/or w/o the shot	<a href="https://sarahwestall.com/important-proven-solutions-to-keep-from-getting-sick-even-if-you-have-the-mrna-shot/">https://sarahwestall.com/important-proven-solutions-to-keep-from-getting-sick-even-if-you-have-the-mrna-shot/</a>	

Current Covid Protocols/Detox				
Date	Source	Protocol Name	URL	Notes: Email Karen for files
Sept/Oct 2020	NIH	Ivermectin Docks to the SARS-Cov-2 Spike Receptor		PDF
1/3/2021	AAPS Home Covid Treatment and Physician Referral Guide	Fill in info on website to receive email guide.	<a href="https://aapsonline.org/covidpatientguide/">https://aapsonline.org/covidpatientguide/</a>	
2/18/2021	LewRockwell.com	Amino Acid Cure	<a href="https://www.lewrockwell.com/2021/02/bill-sardi/virologists-report-poor-mans-amino-acid-cure-for-covid-19-would-abolish-need-for-vaccines/">https://www.lewrockwell.com/2021/02/bill-sardi/virologists-report-poor-mans-amino-acid-cure-for-covid-19-would-abolish-need-for-vaccines/</a>	
4/25/2021	FLCCC	*IVM Early tx protocols		JPEG
4/25/2021	FLCCC	*IVM dosing by body weight		JPEG
5/14/2021	National Institutes of Health	Methylene Blue	<a href="https://pubmed.ncbi.nlm.nih.gov/33519460/">https://pubmed.ncbi.nlm.nih.gov/33519460/</a>	Methylene Blue Inhibits the SARS-CoV-2 Spike-ACE2 Protein-Protein Interaction-a Mechanism
5/23/2021	Dr. Richard Bartlett	Budesonide #2	<a href="https://www.brighteon.com/37796cc7-5547-4511-802b-0c341ee11355">https://www.brighteon.com/37796cc7-5547-4511-802b-0c341ee11355</a>	Budesonide "Cures Covid" video.

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
5/31/2021	America's Frontline Doctors ebook	Medical Studies-MDs-Hydroxy-Early Covid		248 pgs PDF
5/31/2021	Dr. Simone Gold	White Paper on HCQ		PDF
6/24/2021	Dr. McCullough	*Early Onset & Long Hauler protocols		PDF
6/24/2021	Dr. McCullough	Home Based Tx Guide		PDF
7/5/2021	David Fisher	Summary of Spike Protein protocol		Word
7/5/2021	Unknown	Chart to help those w/job		JPEG
7/5/2021	Dr. Alina Lessenich	Detox Shedding Protocol		PDF

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
8/18/2021	SF unMasked Practitioners Group	General Protocols		7 pgs Word
8/22/2021	Unknown	Homemade cure: Graphene Oxide & spike proteins	<a href="https://www.bitchute.com/video/4ek8GSwaYwGb/">https://www.bitchute.com/video/4ek8GSwaYwGb/</a>	
8/29/2021	Steve Kirsch	Protocols, Dosing		8 pgs Word
8/29/2021	Gustavo Aguirre Chang; Aurora Trujillo	Ivermectin prophylaxis dosing		PDF
8/29/2021	Multiple Drs.	Nebulizing Hydrogen Peroxide		Word
8/29/202	Multiple Drs.	Nebulizing multiple items		Word
8/31/2021	Dr. Ardis	Remove toxins from vax		Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
9/29/2021	Truth for Health Foundation	Covid Patient Guide	<a href="http://www.TruthforHealth.org">www.TruthforHealth.org</a>	PDF
9/29/2021	Truth for Health Foundation	Covid Patient Treatment Guide	<a href="http://www.TruthforHealth.org">www.TruthforHealth.org</a>	PDF
9/29/2021	Dr. McCullough	Covid Pt. Guide, 2 pgs		PDF
9/30/2021	Katrinah	Neutralize Graphene Oxide	<a href="https://katrinah.com/nutrition-protocol-to-neutralize-graphene-oxide/?fbclid=IwAR13bVbScjFOUdb5pMkPQ83FoTRm1e-">https://katrinah.com/nutrition-protocol-to-neutralize-graphene-oxide/?fbclid=IwAR13bVbScjFOUdb5pMkPQ83FoTRm1e-</a>	
May, 2021	Orthomolecular Med, Dr. Levy	Canceling the Spike Protein, Striking Visual Evidence		Word
10/3/2021	Truth About Vaccines, Ty Bollinger	Neutralize potential mRNA Damage		Word
10/8/2021	Katrinah	Neutralizing Graphene Oxide Protocols		Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
10/9/2021	Sarah Smith, Homeopathy	Homeopathy protocols		Word file + questionnaire.
10/11/2021	Kirsch, Mercola	How to avoid vax side effects		Word
10/13/2021	Drs. McCullough, Gold, Ealy	*Natural remedies	<a href="https://www.covidcon21.com/index.php/natural-prevention-early-treatment/">https://www.covidcon21.com/index.php/natural-prevention-early-treatment/</a> , <a href="https://vsecretsc.com/cv-treatment? kx=-Ajkbrfq5adeE6P0sj0KZyV7Azeh_DGbfZdjPxAg">https://vsecretsc.com/cv-treatment? kx=-Ajkbrfq5adeE6P0sj0KZyV7Azeh_DGbfZdjPxAg</a>	
10/14/2021	Expert Physicians	Budesonide Protocols		PDF
11/1/2021	Dr. Merritt, Karen Kingston	Video Explaining Protocols	<a href="https://rumble.com/v1pugsz-its-all-parasites-cancer-vaccines-remedies.html?mref=2hzb1&amp;mrefc=2">https://rumble.com/v1pugsz-its-all-parasites-cancer-vaccines-remedies.html?mref=2hzb1&amp;mrefc=2</a>	
11/3/2021	FLCCC	Ivermectin Dosage Guidelines		PDF
11/3/2021	Oshana	Black Seed Oil	<a href="https://gab.com/BeachMilk/posts/107194962907316492">https://gab.com/BeachMilk/posts/107194962907316492</a>	

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
11/4/2021	David Adair	*Prevention, treatment, detox protocols		Word
11/4/2021	Dr. Chetty	Dr. Chetty's 8th Day Therapy for Covid-19	<a href="https://www.youtube.com/watch?v=ifqE8cBQbl4">https://www.youtube.com/watch?v=ifqE8cBQbl4</a>	PDF
11/21/2021	Dr. X/MD	Timely Medical Information	<a href="https://drxmd.com">https://drxmd.com</a>	
11/29/2021	Dr. Mercola	Viral Activity		PDF
Dec, 2021	Lifesite	Detox Spike Protein		PDF
12/20/2021	Dr. McCullough	Iodine Protocol, Prevention/C19 treatment		Word
1/18/2022	Barnhardt Protocol	Protocol for early Covid-19 symptoms	<a href="https://www.barnhardt.biz/2022/01/16/so-youve-got-the-coof-heres-your-protocol-soldier/">https://www.barnhardt.biz/2022/01/16/so-youve-got-the-coof-heres-your-protocol-soldier/</a>	

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
1/11/2022	Mike Jones Email	Belly Button Protocol		Word
2/16/2022	Dr. Syed Interview	Dr. Bartlett - Budesonide	<a href="https://www.bitchute.com/video/D0WefTMhzo3g/">https://www.bitchute.com/video/D0WefTMhzo3g/</a>	
3/7/2022	Tim Kuss, ABQ Clinical Nutritionist	Natural Treatments		Word
4/2/2022	Resist the Mainstream	Australian Antiviral Drug	<a href="https://resistthemainstream.com/new-antiviral-drug-can-eliminate-covid-19-from-the-body-after-just-two-days-of-treatment/?utm_source=telegram">https://resistthemainstream.com/new-antiviral-drug-can-eliminate-covid-19-from-the-body-after-just-two-days-of-treatment/?utm_source=telegram</a>	
4/7/2022	Australian Covid Drug	Antiviral drug can eliminate c-19 in just 2 days	<a href="https://resistthemainstream.org/new-antiviral-drug-can-eliminate-covid-19-from-the-body-after-just-two-days-of-treatment/?utm_source=telegram">https://resistthemainstream.org/new-antiviral-drug-can-eliminate-covid-19-from-the-body-after-just-two-days-of-treatment/?utm_source=telegram</a>	
May, 2022	Dr. Mercola	Prevent/Treat Jab Injuries		PDF
6/1/2022	FLCCC	Ivermectin Protocol	<a href="https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/WhatIsIvermectinP">https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/WhatIsIvermectinP</a>	



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Date	Source	Protocol Name	URL	Notes: Email Karen for files
8/11/2022	Dr. Edward Group	Clot shot DNA healing prot	<a href="http://www.urotherapyResearch.com">www.urotherapyResearch.com</a>	
8/18/2022	NIH	Reduce Covid in Throat/Sinus		Email Karen for image of this protocol.
10/9/2022	Oshana	Detox Bath	<a href="https://twitter.com/xx17965797n/status/1578662306757898242?s=52&amp;t=ot6tR3T-djuBegOIJqmfeg">https://twitter.com/xx17965797n/status/1578662306757898242?s=52&amp;t=ot6tR3T-djuBegOIJqmfeg</a>	Word
1/3/2023	AAPS Home Covid Treatment and Physician Referral Guide	Fill in info on website to receive email guide.	<a href="https://aapsonline.org/covidpatientguide/">https://aapsonline.org/covidpatientguide/</a>	
2/6/2023	Green Med info	Detoxing Spike Protein with Nattokinase	<a href="https://unite.live/trinity-chiropractic/trinity-chiropractic?recording_id=1890">https://unite.live/trinity-chiropractic/trinity-chiropractic?recording_id=1890</a>	
2/6/2023	Green Med info	Vit. C for treating Covid, 12 studies	<a href="https://greenmedinfo.com/blog/twelve-intervention-trials-conclude-vitamin-c-works-covid">https://greenmedinfo.com/blog/twelve-intervention-trials-conclude-vitamin-c-works-covid</a>	
2/6/2023	Dr. Stella	Vax Detox Protocols	<a href="https://marketplace.drstellamd.com/Payment/ProductDetails?productId=25&amp;omnisendContactID=62362ae79b41a8001dacb20b">https://marketplace.drstellamd.com/Payment/ProductDetails?productId=25&amp;omnisendContactID=62362ae79b41a8001dacb20b</a>	
2/24/2023	Epoch Times	Detoxing Spike Protein with Nattokinase	<a href="https://www.theepochtimes.com/health/holy-grail-of-covid-19-spike-protein-detoxification_5075372.html?src_src=Morningbrief&amp;src_cmp=mb-2023-02-">https://www.theepochtimes.com/health/holy-grail-of-covid-19-spike-protein-detoxification_5075372.html?src_src=Morningbrief&amp;src_cmp=mb-2023-02-</a>	

Date	Source	Protocol Name	URL	Notes: Email Karen for files
3/9/2023	Dr. Mercola	Sweet Wormwood again shows effectiveness against COVID-19		PDF (not the original date - this is the date I found the article.)
3/9/2023	Dr. Mercola	FL Surgeon General Promotes Nutraceuticals for COVID		PDF (not the original date - this is the date I found the article.)
3/9/2023	Dr. Mercola	Outpatient Treatments for C-19 Reviewed		PDF (not the original date - this is the date I found the article.)
3/21/2023	Dr. Dietrich Klinghart	How to Eliminate Graphene Oxide (Peroxide, ozone, NAC, CDS)	<a href="https://www.bitcute.com/video/QtxnkUfJS Dfi/?fbclid=IwAR3w1oNxwgHGAXiBUv2QWcl 71LL0EmYnvZp953jYhSY-QRBFcaa6MURPUO">https://www.bitcute.com/video/QtxnkUfJS Dfi/?fbclid=IwAR3w1oNxwgHGAXiBUv2QWcl 71LL0EmYnvZp953jYhSY-QRBFcaa6MURPUO</a>	

**Post Covid Protocols**

Date	Source	Protocol Name	URL	Notes
5/12/2021	Dr. Chetty from South Africa	Therapy focusing on 8th day, inflammatory phase of Covid-19	<a href="https://covexit.com/the-8th-day-therapy-for-covid-19/">https://covexit.com/the-8th-day-therapy-for-covid-19/</a>	PDF
5/31/2021	Vladimir Zelenko, M.D. Harvey A. Risch, M.D., PH.D. George C. Fareed, M.D.	Medical Studies Support MDs Prescribing Hydroxychloroquine for Early Stage COVID-19 and for Prophylaxis	<a href="https://www.arkleg.state.ar.us/Calendars/Attachment?committee=490&amp;agenda=3445&amp;file=Exhibit+F1c+AAA+ebook+Med+Studies+Support+MDs+Prescribing+Hydroxychloroquine+for....pdf">https://www.arkleg.state.ar.us/Calendars/Attachment?committee=490&amp;agenda=3445&amp;file=Exhibit+F1c+AAA+ebook+Med+Studies+Support+MDs+Prescribing+Hydroxychloroquine+for....pdf</a>	
5/31/2021	America's Frontline Doctors	How to get Covid-19 medication	<a href="https://speakwithanmd.com/americasfrontlinedoctors/">https://speakwithanmd.com/americasfrontlinedoctors/</a>	Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
6/24/2021	David Avocado Wolfe	Protocols, products		Word
6/30/2021	Dr. Robert Fleming	Covid Treatments & Vaccinations		PDF
7/5/2021	Dr. Alina Lessenich	Detox Shedding Protocol		PDF
7/9/2021	Dr. Ruby, The Stew Peters Show on Rumble	Glutathione patch to mitigate against the graphene oxide found in vaccines	<a href="https://rumble.com/vjnje7-stew-peters-and-dr-jane-ruby-what-is-graphene-oxide-2319.html">https://rumble.com/vjnje7-stew-peters-and-dr-jane-ruby-what-is-graphene-oxide-2319.html</a>	
7/19/2021	Melanie Rubin	*Issues, prevention, tx		7 pages, Word
7/25/2021	Tracy Hollister	2 protocols		Word
7/25/2021	Dr. Ruby, Stew Peters show	Glutathione patch (to mitigate against the graphene oxide found in vaccines)	<a href="https://eclipseville.com/glutathione-patches/">Top 10 best glutathione patches: https://eclipseville.com/glutathione-patches/</a>	
7/25/2021	Dr. Vinay Prasad	Ivermectin & Aducanumab: Do They Work?	<a href="https://www.youtube.com/watch?v=8Rok-9DqdOM">https://www.youtube.com/watch?v=8Rok-9DqdOM</a>	
7/25/2021	British Study Authors	Ivermectin Study		PDF
8/9/2021	RN	Hydroxychloroquine article	<a href="https://www.sciencedirect.com/science/article/pii/S2052297520300998?via=ihub">https://www.sciencedirect.com/science/article/pii/S2052297520300998?via=ihub</a>	
9/4/2021	Dr. Nieuwsma, Westfall	Protocols (keep from getting sick)		Word
9/6/2021	Great Reject	Neutralize potential vax damage		Word
9/9/2021	Melanie Rubin	Protocols		Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
9/10/2021	Lew Rockwell Inst.	Lysine, arginine article for c19	<a href="https://www.lewrockwell.com/2021/02/bill-sardi/virologists-report-poor-mans-amino-acid-cure-for-covid-19-would-abolish-need-for-vaccines/">https://www.lewrockwell.com/2021/02/bill-sardi/virologists-report-poor-mans-amino-acid-cure-for-covid-19-would-abolish-need-for-vaccines/</a>	
9/11/2021	Ann Barnhardt	Ivermectin article	<a href="https://www.barnhardt.biz/ivermectin/">https://www.barnhardt.biz/ivermectin/</a>	
9/15/2021	True Defender	MMS inhibits spike protein		Word
9/20/2021	All Med, India	Kits that killed covid in India	<a href="https://www.allmedkart.com/product-page/ziverdo-kit">https://www.allmedkart.com/product-page/ziverdo-kit</a>	
10/13/2021	National Institutes of Health	Antiviral agents, approved or evaluated		Word
10/25/2021	Dr. Ardis	Build your immune system	<a href="https://deeproootsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/">https://deeproootsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/</a>	
11/4/2021	David Adair	*Prevention, treatment, detox protocols		Word
11/6/2021	Orthomolecular	*Ozone TX Reverse Blood clotting	<a href="http://Orthomolecular.org">Orthomolecular.org</a>	Also Word doc. Email Karen.
11/7/2021	The Epoch Times	Blood Clot Prevention	<a href="https://www.theepochtimes.com/signs-you-have-a-spike-protein-blood-clot-and-what-to-do-about-it-4842975.html?src_src=morningbriefnoe-ai&amp;src_cmp=mb-2022-11-07-ai-26&amp;est=Y0sZnnLnSNE1QrocR7iaRHSraPCbN%2BOnJQt14YXe%2FVrGrfTCEAGcCAVPPH8%2FVdlcUFvghJ4fUFgOw7BMXX4%3D">https://www.theepochtimes.com/signs-you-have-a-spike-protein-blood-clot-and-what-to-do-about-it-4842975.html?src_src=morningbriefnoe-ai&amp;src_cmp=mb-2022-11-07-ai-26&amp;est=Y0sZnnLnSNE1QrocR7iaRHSraPCbN%2BOnJQt14YXe%2FVrGrfTCEAGcCAVPPH8%2FVdlcUFvghJ4fUFgOw7BMXX4%3D</a>	
9/9/2021	Melanie Rubin	Protocols		Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
11/10/2021	Natural Products Insider	Artemisia, also called wormwood, has shown anti-viral activity against Covid-19.	<a href="https://www.naturalproductsinsider.com/herbs-botanicals/herb-discovered-have-activity-against-sars-cov-2-virus">https://www.naturalproductsinsider.com/herbs-botanicals/herb-discovered-have-activity-against-sars-cov-2-virus</a>	PDF
11/11/2021	Dr. Bryan Ardis	Immune-Building Protocols	<a href="https://deeproofsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/">https://deeproofsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/</a>	
11/11/2021	Annals of Pharmacology and Pharmaceutics	*Chlorine Dioxide Protocols		PDF
11/11/2021	Orthomolecular	*Canceling the Spike Protein	<a href="http://orthomolecular.org/resources/omns/v17n24.shtml">http://orthomolecular.org/resources/omns/v17n24.shtml</a>	
11/11/2021	Cassandra Noel	Detoxing the Vax		Word
11/12/2021	Kerri Rivera	Chlorine Dioxide/Oxidizer/Ox-E-Drops	<a href="https://www.kerririvera.com/chlorine-dioxide-a-selective-oxidizer/">https://www.kerririvera.com/chlorine-dioxide-a-selective-oxidizer/</a>	
11/14/2021	Aaron Fontes	Vaccination Protocol		Word
11/15/2021	Dr. Alina Lessenich	Vax Detox/Shedding Protocols		5 pgs. Word
12/20/2021	Multiple Drs. Provided by C. Noel	Detoxing vax protocols		Word
12/22/2021	Truth 11	Detoxing Spike Protein		Word
12/22/2021	Dr. Mercola	Protocols list, 100% successful		JPEG
12/29/2021	Lee Merritt	Post-vax, parasites	<a href="https://www.podbean.com/ew/pb-vn693-1160e10">https://www.podbean.com/ew/pb-vn693-1160e10</a> , <a href="https://www.podbean.com/ew/pb-mkxmg-1161e0a">https://www.podbean.com/ew/pb-mkxmg-1161e0a</a>	

Date	Source	Protocol Name	URL	Notes: Email Karen for files
12/31/2021	Sarah Westfall	Bioacoustic Therapy for Spike Protein		Word 3 pgs
1/11/2022	Dr. Levy	Rapid Recovery Protocol		321 pages. PDF
			<a href="https://metanutrients.com/2021/10/31/dr-ariyana-loves-detox-...">https://metanutrients.com/2021/10/31/dr-ariyana-loves-detox-...</a> <a href="https://metanutrients.com/2021/10/31/dr-ariyana-loves-detox-...">https://metanutrients.com/2021/10/31/dr-ariyana-loves-detox-...</a>  <a href="https://metanutrients.com/2021/08/06/dr-zelenkos-protocol/">https://metanutrients.com/2021/08/06/dr-zelenkos-protocol/</a>  <a href="https://blessedforservice.org/health-protocols">https://blessedforservice.org/health-protocols</a>  <a href="#">gareth-icke-talks-to-dr-ariyana-love-about-how-the-vaccines-are-causing-the-variants-of-disease.mp4 (35338252)</a>	
1/15/2022	Oshana	multiple protocols		
1/20/2022	Spike Protein	Detox Guide		Word
1/26/2022	World Council for Health	Keeping Healthy Post-Jab		Article was reviewed by Drs. Brierly, Kathrada, Kory, McCullough, Trozzi, Wiseman.
2/1/2022	Master Mineral Solution of the Third Millennium	MMS 1000 Protocol		PDF
2/3/2022	World Council for Health	Spike Protein Detox		Word

ABQ unMasked Protocols Spreadsheet

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12/29/2021	Lee Merritt	Post-vax, parasites	<a href="https://www.podbean.com/ew/pb-vn693-1160e10">https://www.podbean.com/ew/pb-vn693-1160e10</a> , <a href="https://www.podbean.com/ew/pb-mkxmg-1161e0a">https://www.podbean.com/ew/pb-mkxmg-1161e0a</a>	
2/11/2022	Orwellito	Removing Graphene Oxide		video less than 2 min
2/11/2022	Dr. Chetty	Protocols, 100% successful		Word
2/16/2022	Mobeen Syed, MD interviews Richard Bartlett, MD	Budesonide Protocols		PDF and Word
2/17/2022	Michael Blanshan	Omicron early treatment protocol		Word
2/17/2022	Diana Ristenpart	Detox Spike Protein	<a href="https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html">https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html</a>	
2/18/2022	Mike Adams	Detox Spike Protein	<a href="https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html">https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html</a>	
2/18/2022	Truth11.com	Remove Graphene Oxide	<a href="https://truth11.com/2022/02/18/how-to-remove-graphene-oxide-from-the-body/">https://truth11.com/2022/02/18/how-to-remove-graphene-oxide-from-the-body/</a>	
2/21/2022	Sarah Westfall	Reversing Blood issues w/frequency	<a href="https://sarahwestall.com/quantum-tech-frequency-reversing-blood-issues-before-after-images-w-ian-mitchell-philip-samor/">https://sarahwestall.com/quantum-tech-frequency-reversing-blood-issues-before-after-images-w-ian-mitchell-philip-samor/</a>	
2/25/2022	K. Corradio	Vaccine/Booster Protocol	<a href="https://kcorradio.com/archives/the-journey-of-universal-knowledge/2022/february/savy-vargas.mp3">https://kcorradio.com/archives/the-journey-of-universal-knowledge/2022/february/savy-vargas.mp3</a>	
2/28/2022	World Council for Health	Spike Protein Detox	<a href="https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/">https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/</a>	Extensive info

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
2/28/2022	Epoch Times	Spike Protein Detox Guide	<a href="https://www.theepochtimes.com/world-council-for-health-reveals-spike-protein-detox-4304171.html?utm_source=Morningbrief&amp;utm_campaign=mb-2022-02-">https://www.theepochtimes.com/world-council-for-health-reveals-spike-protein-detox-4304171.html?utm_source=Morningbrief&amp;utm_campaign=mb-2022-02-</a>	May be the same as WCH above.
3/7/2022	Space Travel in Alabama	Ivermectin kills nanoparasites	<a href="https://spacetravelinalabama.wordpress.com/2021/05/19/ivermectin-medicine-to-kill-parasites-can-also-kill-darpa-hydrogel-with-nano-parasites/">https://spacetravelinalabama.wordpress.com/2021/05/19/ivermectin-medicine-to-kill-parasites-can-also-kill-darpa-hydrogel-with-nano-parasites/</a>	
3/14/2022	Dr. Young	Vax Protocol	<a href="https://www.bitchute.com/video/K9SZ2AjeLY0W/">https://www.bitchute.com/video/K9SZ2AjeLY0W/;</a> <a href="https://www.drrobertyoung.com/post/life-saving-info-robert-o-young-discusses-vaccine-damage-and-powerful-detox-protocols?utm_campaign=37beebae-f3ef-45c1-89e1-b3c603e6da70&amp;utm_source=so&amp;utm_medium=mail&amp;cid=85fb3e18-bade-409b-8ea0-4338aa6555a0">https://www.drrobertyoung.com/post/life-saving-info-robert-o-young-discusses-vaccine-damage-and-powerful-detox-protocols?utm_campaign=37beebae-f3ef-45c1-89e1-b3c603e6da70&amp;utm_source=so&amp;utm_medium=mail&amp;cid=85fb3e18-bade-409b-8ea0-4338aa6555a0</a>	Word with add'l links.
3/23/2022	Dr. Zelenko	Detox Protocols	<a href="https://zstacklife.com/?ref=hpkvvpuhn0">https://zstacklife.com/?ref=hpkvvpuhn0</a>	
3/29/2022	Lew Rockwell	Arginine, Lysine C19 protocol	<a href="https://www.lewrockwell.com/2021/02/bill-sardi/virologists-report-poor-mans-amino-acid-cure-for-covid-19-would-abolish-need-for-vaccines/">https://www.lewrockwell.com/2021/02/bill-sardi/virologists-report-poor-mans-amino-acid-cure-for-covid-19-would-abolish-need-for-vaccines/</a>	
4/8/2022	Duke Windsor	Chlorine Dioxide	<a href="https://www.bitchute.com/video/hi5ZRsyXrj9I/">https://www.bitchute.com/video/hi5ZRsyXrj9I/;</a> <a href="https://www.bitchute.com/video/r8ok9WHiWkpv/9:4">https://www.bitchute.com/video/r8ok9WHiWkpv/9:4</a>	
2/28/2022	World Council for Health	Spike Protein Detox	<a href="https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/">https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/</a>	Extensive info



ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
4/8/2022	Sarah Westfall	Updated info	<a href="https://sarahwestall.com/important-proven-solutions-to-keep-from-getting-sick-even-if-you-have-the-mrna-shot/">https://sarahwestall.com/important-proven-solutions-to-keep-from-getting-sick-even-if-you-have-the-mrna-shot/</a>	
5/3/2022	Jim Humble	MMS Health Recovery Handbook		346 pages. PDF
5/3/2022	Jim Humble	MMS Demystified		10 pages. Word
5/12/2022	Newstarget	Neutralize Spike Proteins	<a href="https://www.newstarget.com/2022-05-11-natural-substances-neutralize-covid-vaccine-spike-proteins.html">https://www.newstarget.com/2022-05-11-natural-substances-neutralize-covid-vaccine-spike-proteins.html</a>	
5/18/2022	Unbreakable: Destined to Thrive	RESTORING HEALTH POST-VAX booklet	<a href="https://unbreakableseries.com/healing/?a=5c4886547c708&amp;b=7b627e67">https://unbreakableseries.com/healing/?a=5c4886547c708&amp;b=7b627e67</a>	
5/22/2022	Dr. Mercola	Prevent & Treat Job Injuries		PDF
5/22/2022	James Osbourne Holmes	Locally made Chlorine Dioxide	<a href="#">For details, pricing, and orders send an email request to: jamesosbourneholmes@gmail.com</a>	For details, pricing, and orders send an email request to: jamesosbourneholmes@gmail.com...or phone between 9:00 am and 5:30 pm Mon-Fri. 505.470.4277.
5/30/2022	National Liberty Alliance (NLA)	Neutralize Spike Proteins		Word
6/4/2022	Dr. Pierre Kory	post-vax protocols		Note: Availability is prioritized for people with serious conditions. PDF

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
6/4/2022	Dr. Judy Mikovits	Vax Recovery Protocol Bundle	<a href="https://shop.therealdrjudy.com/dr-j-s-recovery-protocol.html?omnisendContactID=62362ae79b41a8001dacb20b">https://shop.therealdrjudy.com/dr-j-s-recovery-protocol.html?omnisendContactID=62362ae79b41a8001dacb20b</a>	
6/4/2022	FLCCC	Post Vax Protocol	<a href="https://covid19criticalcare.com/covid-19-protocols/i-recover-post-vaccine-treatment/">https://covid19criticalcare.com/covid-19-protocols/i-recover-post-vaccine-treatment/;</a> <a href="https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/weekly_webinar_June01:e?eId=feb12d9e-74ff-485b-abbb-1237fc81de70&amp;eType=EmailBlastContent&amp;omnisendContactID=62362ae79b41a8001dacb20b">https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/weekly_webinar_June01:e?eId=feb12d9e-74ff-485b-abbb-1237fc81de70&amp;eType=EmailBlastContent&amp;omnisendContactID=62362ae79b41a8001dacb20b</a>	
6/15/2022	Andreas Kalcker & Colleague	Chlorine Dioxide Solution	<a href="https://www.brighteon.com/embed/cbf34a06-14cf-4fc7-a31f-39f1d7bdb3c3">https://www.brighteon.com/embed/cbf34a06-14cf-4fc7-a31f-39f1d7bdb3c3</a>	Chlorine Dioxide Solution (CDS) mitigates all spike protein/vax symptoms
7/1/2022	Outback Naturals	Humic, Fulvic acid detox	<a href="https://www.outbacknaturals.com/">https://www.outbacknaturals.com/</a>	Word
7/22/2022	Expose News	Removing Graphene Oxide	<a href="https://expose-news.com/2022/02/16/how-to-remove-graphene-from-the-body/">https://expose-news.com/2022/02/16/how-to-remove-graphene-from-the-body/</a>	
8/7/2022	Drs. Kory and Marik Protocols		<a href="https://rumble.com/v18yiwq-dr.-pierre-kory-and-dr.-paul-marik-discuss-protocol-developed-for-those-inj.html">https://rumble.com/v18yiwq-dr.-pierre-kory-and-dr.-paul-marik-discuss-protocol-developed-for-those-inj.html</a>	
8/11/2022	Dr. Edward	DNA Healing Protocol	<a href="http://www.urotherapyResearch.com">www.urotherapyResearch.com</a>	
8/22/2022	Jonathan Otto	Restoring Health Post Vax		PDF
8/25/2022	Sylvia Mock	Post Vax Detox		Word
9/13/2022	David Quintana	Detox for the jabbed	<a href="https://www.mesosilver.com/">https://www.mesosilver.com/</a>	

Date	Source	Protocol Name	URL	Notes: Email Karen for files
10/9/2022	Oshana	Detox Bath: 2 cups baking soda, one to two cups Epsom salts, a half cup of bentonite clay and a cup of borax in hot, hot water for you to soak and scrub.	<a href="https://twitter.com/xx17965797n/status/1578662306757898242?s=52&amp;t=ot6tR3T-djuBegOIJqmfg">https://twitter.com/xx17965797n/status/1578662306757898242?s=52&amp;t=ot6tR3T-djuBegOIJqmfg</a>	
10/17/2022	World Council for Health	Spike Protein Detox Guide	<a href="https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/">https://worldcouncilforhealth.org/resources/spike-protein-detox-guide/</a>	
10/28/2022	<a href="#">Ana Maria Mihalcea, MD, PhD</a>	EDTA dissolves AI Hydrogel		Word
11/1/2022	<a href="#">Epoch Times</a>	Natural Spike Protein detox	<a href="https://rumble.com/v1pugsz-its-all-parasites-cancer-vaccines-remedies.html?mref=2hzb1&amp;mrefc=2">https://rumble.com/v1pugsz-its-all-parasites-cancer-vaccines-remedies.html?mref=2hzb1&amp;mrefc=2</a>	
11/3/2022	Caroline Mansfield	Cure to reverse the vax w/Nicholas Veniamin	<a href="https://rumble.com/v1ox42b-caroline-mansfield-discusses-the-cure-to-reverse-the-covid-vaccine-with-nic.html">https://rumble.com/v1ox42b-caroline-mansfield-discusses-the-cure-to-reverse-the-covid-vaccine-with-nic.html</a>	
11/7/2022	Epoch Times	Spike Protein blood clot resolution	<a href="https://www.theepochtimes.com/signs-you-have-a-spike-protein-blood-clot-and-what-to-do-about-it-4842975.html?src_src=morningbriefnoe-ai&amp;src_cmp=mb-2022-11-07-ai-26&amp;est=Y0sZnnLnSNE1QrocR7iaRHSraPCbN%2BOnJQt14YXe%2FVrGrfTCEAGcCAVPPH8%2FVdlcUFvghJ4fUFgOw7BMXX4%3D">https://www.theepochtimes.com/signs-you-have-a-spike-protein-blood-clot-and-what-to-do-about-it-4842975.html?src_src=morningbriefnoe-ai&amp;src_cmp=mb-2022-11-07-ai-26&amp;est=Y0sZnnLnSNE1QrocR7iaRHSraPCbN%2BOnJQt14YXe%2FVrGrfTCEAGcCAVPPH8%2FVdlcUFvghJ4fUFgOw7BMXX4%3D</a>	
11/22/2022	Dr. Mihalcea	Vaccine Protocol/EDTA Chelation		Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
1/9/2023	Melody Swan	Cure for Vax Injured	<a href="https://www.bitchute.com/video/F2rHokQlY9GQ/">https://www.bitchute.com/video/F2rHokQlY9GQ/</a>	
1/13/2023	Absolute Healing	Myocarditis treatment	<a href="https://absolutehealingseries.com/treatments/?a=606325e5deba&amp;b=8dca9f3d&amp;mpweb=1603-2905-73168">https://absolutehealingseries.com/treatments/?a=606325e5deba&amp;b=8dca9f3d&amp;mpweb=1603-2905-73168</a>	
1/19/2023	Tess Lawrie, MD, Tina Peers, MD	Detoxing from the spike protein	<a href="https://rumble.com/v1w1klc-dr.-tess-lawrie-and-dr.-tina-peers-detoxing-from-the-spike-protein-and-the-.html">https://rumble.com/v1w1klc-dr.-tess-lawrie-and-dr.-tina-peers-detoxing-from-the-spike-protein-and-the-.html</a>	
1/19/2023	Mike Adams	Nutritional solutions for clotting and spike proteins	<a href="https://www.sgtreport.com/2023/01/breakthrough-nutritional-solutions-discovered-that-may-halt-clotting-and-unfold-spike-proteins/">https://www.sgtreport.com/2023/01/breakthrough-nutritional-solutions-discovered-that-may-halt-clotting-and-unfold-spike-proteins/</a>	
1/25/2023	Multiple Drs. Promoted by Jonathan Otto	Reverse Vax Injuries/Repair		PDF
1/26/2023	Natural Health 365	Solutions for myocarditis	<a href="https://www.naturalhealth365.com/cardiologist-recommended-solutions-for-once-rare-now-common-myocarditis.html">https://www.naturalhealth365.com/cardiologist-recommended-solutions-for-once-rare-now-common-myocarditis.html</a>	
2/8/2023	Dr. Pierre Kory	Counter Therapies & Related Links: mRNA	<a href="https://twitter.com/VigilantFox/status/1616978685969547266">https://twitter.com/VigilantFox/status/1616978685969547266</a>	From Karen Gallegos, along with 14 page PDF;
2/8/2023	Dr. Betsy Eads	Detox CV19 Bioweapon therapies (files 1 & 2)		Word
2/8/2023	Dr. McCullough	Hyperbaric O2 for Long Covid	<a href="https://petermcculloughmd.substack.com/p/hyperbaric-oxygen-for-treatment-of">https://petermcculloughmd.substack.com/p/hyperbaric-oxygen-for-treatment-of</a>	From Karen Gallegos, along with 14 page PDF; please request by email from Karen Larre.

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
2/8/2023	Dr. Ana Maria Mihalcea, M.D., Ph.D.	EDTA Chelation for AI Magnetic Hydrogel	<a href="https://anamihalceamdphd.substack.com/p/edta-detoxification-for-metals-graphene">https://anamihalceamdphd.substack.com/p/edta-detoxification-for-metals-graphene,</a> <a href="https://ammedicalmd.com/about-dr-ana/">https://ammedicalmd.com/about-dr-ana/,</a>	
2/8/2023	Vaccine Injury Treatment Guide 2022	Truth for Health Foundation	TruthforHealthFoundation.com	
2/8/2023	Vaxx Detox Guide		<a href="https://braveseries.com/guide/?a=5c48865d033e6&amp;b=65016d88">https://braveseries.com/guide/?a=5c48865d033e6&amp;b=65016d88\</a>	
2/12/2023	*Michael Jaco & Clayton Thomas	Vax, variants, shedding	<a href="https://rumble.com/v293mqc-michael-jaco-w-most-important-intel-on-vaxx-deaths.-is-hemorrhagic-fever-ne.html">https://rumble.com/v293mqc-michael-jaco-w-most-important-intel-on-vaxx-deaths.-is-hemorrhagic-fever-ne.html</a>	
2/16/2023	Jessica Rose	Research on egg yolks protective against spike protein	<a href="https://jessicar.substack.com/p/so-thats-why-eggs-are-so-deviled">https://jessicar.substack.com/p/so-thats-why-eggs-are-so-deviled</a>	
3/3/2023	Dr. McCullough	Article about nattokinase for spike protein	<a href="https://petermcculloughmd.substack.com/p/dissolution-of-spike-protein-by-nattokinase">https://petermcculloughmd.substack.com/p/dissolution-of-spike-protein-by-nattokinase</a>	
3/7/2023	Dr. McCullough endorses	Wellness formula spike protein support supplement	<a href="https://welovetrump.com/2023/03/04/dr-peter-mccullough-explains-the-holy-grail-of-covid-19-vaccine-detoxification/">https://welovetrump.com/2023/03/04/dr-peter-mccullough-explains-the-holy-grail-of-covid-19-vaccine-detoxification/</a>	\$65.99
3/11/2023	Steve Kirsch	Remove Graphene Oxide	<a href="https://expose-news.com/2023/03/10/how-remove-covid-vaccine-graphene-from-body/">https://expose-news.com/2023/03/10/how-remove-covid-vaccine-graphene-from-body/</a>	

<b>Long Covid Protocols</b>				
<b>Date</b>	<b>Source</b>	<b>Protocol Name</b>	<b>URL</b>	<b>Notes: Email Karen for files</b>
6/24/2021	Dr. McCullough	*Early Onset & Long Hauler protocols		PDF
9/15/2021	Long Hauler's Resource		<a href="https://covidlonghaulers.com/">https://covidlonghaulers.com/</a>	
9/15/2021	FLCCC	Long Haul protocol + article		PDF + word doc.
9/29/2021	C19 Critical Care Drs.	Long Haul protocol	<a href="https://covid19criticalcare.com/covid-19-protocols/i-recover-protocol/">https://covid19criticalcare.com/covid-19-protocols/i-recover-protocol/</a>	
2/19/2022	Dr. McCullough	Help for Long Haul Covid	<a href="https://www.theepochtimes.com/treating-long-haul-syndrome_4116483.html?utm_source=Morningbrief&amp;utm_campaign=mb-2022-02-19&amp;utm_medium=email&amp;est=/THKlxkva1KQI9hTjG4fgWwmA1T9Z4MXn2sCMNfc6zjqH/pgY7Wqaq6dSGz847Sn4Eu2grHiF9Pp9i2cSZc=">https://www.theepochtimes.com/treating-long-haul-syndrome_4116483.html?utm_source=Morningbrief&amp;utm_campaign=mb-2022-02-19&amp;utm_medium=email&amp;est=/THKlxkva1KQI9hTjG4fgWwmA1T9Z4MXn2sCMNfc6zjqH/pgY7Wqaq6dSGz847Sn4Eu2grHiF9Pp9i2cSZc=</a>	Extensive info
2/28/2023	Dr. Ardis (protocols shared in Ann Vandersteel vid)	Long Haul protocols	<a href="https://rumble.com/v2ajfh6-narrative-backtracking-episode-138-w-dr.-bryan-ardis.html">https://rumble.com/v2ajfh6-narrative-backtracking-episode-138-w-dr.-bryan-ardis.html</a>	Start at minute 30.
<b>Shedding Protocols</b>				
<b>Date</b>	<b>Source</b>	<b>Protocol Name</b>	<b>URL</b>	<b>Notes: Email Karen for files</b>
5/14/2021	Mike Adams	Fennel Seeds	<a href="https://www.brighteon.com/7cb1a48c-e414-480b-b986-b419568a0ff3">https://www.brighteon.com/7cb1a48c-e414-480b-b986-b419568a0ff3</a>	FENNEL SEEDS a source of shikimic acid to fight covid vaccine shedding.

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
5/14/2021	Mike Adams	Pine Needle Tea	<a href="https://www.brighteon.com/7c129e86-7e2b-47a7-bc74-dd19621e4042">https://www.brighteon.com/7c129e86-7e2b-47a7-bc74-dd19621e4042</a>	Is pine needle tea the answer to covid vaccine shedding? Suramin, shikimic acid and science?
6/23/2021	David Avacado Wolfe	Spike Protein Protocol/Products		Word
6/30/2021	Dr. Fleming	Shedding		PDF
7/4/2021	David Fisher Wolfe	Spike Protein Protocol	<a href="http://bit.ly/SpikeProtein">http://bit.ly/SpikeProtein</a>	
7/7/2021	Charts	Informative charts to help with jab		Charts
11/3/2021	Oshana	Black Seed Oil	<a href="https://gab.com/BeachMilk/posts/107194962907316492">https://gab.com/BeachMilk/posts/107194962907316492</a>	
11/4/2021	David Adair	*Prevention, treatment, detox protocols		Word
11/6/2021	Orthomolecular	*Ozone treatments REVERSE blood cell clotting	<a href="http://Orthomolecular.org">Orthomolecular.org</a>	
11/11/2021	Annals of Pharmacology and Pharmaceutics	*Chlorine Dioxide Protocols		PDF
11/11/2021	Orthomolecular	*Canceling the Spike Protein	<a href="http://orthomolecular.org/resources/omns/v17n24.shtml">http://orthomolecular.org/resources/omns/v17n24.shtml</a>	
11/11/2021	Cassandra Noel	Detoxing the Vax		Word
11/12/2021	Kerri Rivera	Chlorine Dioxide/Oxidizer	<a href="https://www.kerririvera.com/chlorine-dioxide-a-selective-oxidizer/">https://www.kerririvera.com/chlorine-dioxide-a-selective-oxidizer/</a>	
11/28/2021	DIY	Chlorine Dioxide		PDF

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
12/22/2021	Truth 11	Detoxing Spike Protein		Word
2/17/2022	Diana Ristenpart	Detox Spike Protein	<a href="https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html">https://www.naturalnews.com/2022-02-17-detox-covid-vaccine-spike-proteins.html</a>	
2/25/2022	K. Corradio	Vaccine/Booster Protocol	<a href="https://kcorrado.com/archives/the-journey-of-universal-knowledge/2022/february/savy-vargas.mp3">https://kcorrado.com/archives/the-journey-of-universal-knowledge/2022/february/savy-vargas.mp3</a>	
2/26/2022	Dr. Chetty/Attorney Reiner Fuellmich	Spike Protein Protocol	<a href="https://www.bitchute.com/video/mXwbSGr38lqL/">https://www.bitchute.com/video/mXwbSGr38lqL/</a>	
4/8/2022	Duke Windsor	Chlorine Dioxide	<a href="https://www.bitchute.com/video/hi5ZR5YXrj9l/">https://www.bitchute.com/video/hi5ZR5YXrj9l/</a> ; <a href="https://www.bitchute.com/video/r8ok9WHiWkpv/9:4">https://www.bitchute.com/video/r8ok9WHiWkpv/9:4</a>	
6/15/2022	Andreas Kalcker & colleague	Chlorine Dioxide Solution	<a href="https://www.brighteon.com/embed/cbf34a06-14cf-4fc7-a31f-39f1d7bdb3c3">https://www.brighteon.com/embed/cbf34a06-14cf-4fc7-a31f-39f1d7bdb3c3</a>	
8/7/2022	FLCCC	Post Vax Treatment Protocol	<a href="https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/weekly_webinar_June01:e?eId=feb12d9e-74ff-485b-abbb-1237fc81de70&amp;eType=EmailBlastContent&amp;omnisendContactID=62362ae79b41a8001dacb20b">https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/weekly_webinar_June01:e?eId=feb12d9e-74ff-485b-abbb-1237fc81de70&amp;eType=EmailBlastContent&amp;omnisendContactID=62362ae79b41a8001dacb20b</a>	
8/25/2022	Mock Tidbits	Detox Spike Protein		Word
11/27/2022	Rob Hunter	Detox	C, Zinc, Quercetin, Pine Needle Tea, Chlorine Dioxide (CDS) to heal blood from shedding.	Email Karen for Rob's contact info.



Date	Source	Protocol Name	URL	Notes: Email Karen for files
1/21/2023	Dr. Fleming update	Shedding protocols		PDF
2/12/2023	*Michael Jaco & Clayton Thomas	Vax, variants, shedding	<a href="https://rumble.com/v293mqc-michael-jaco-w-most-important-intel-on-vaxx-deaths.-is-hemorrhagic-fever-ne.html">https://rumble.com/v293mqc-michael-jaco-w-most-important-intel-on-vaxx-deaths.-is-hemorrhagic-fever-ne.html</a>	
2/16/2023	Maria Zee	EDTA eliminates shedding	<a href="https://rumble.com/v29oksg-live-8-uncensored-maria-zeee-rages-uninjected-have-same-nanotech-clots-grap.html">https://rumble.com/v29oksg-live-8-uncensored-maria-zeee-rages-uninjected-have-same-nanotech-clots-grap.html</a>	
2/20/2023	Dr. Christiane Northrup	Shedding is real + study	<a href="https://rumble.com/v281p0j-covid-19-mrna-vaccine-shedding-is-really-happening-dr.-christine-northrup-o.html">https://rumble.com/v281p0j-covid-19-mrna-vaccine-shedding-is-really-happening-dr.-christine-northrup-o.html</a> , <a href="https://rumble.com/v2480lk-vaxx-shedding-infecting-unvaxxed-new-study-reveals-shocking-link-between-co.html">https://rumble.com/v2480lk-vaxx-shedding-infecting-unvaxxed-new-study-reveals-shocking-link-between-co.html</a>	
2/20/2023	Triad Aer	Clothing device to protect from shedding, airborne pathogens/allergens	<a href="https://thetriadaer.com/product/shield-aer/">https://thetriadaer.com/product/shield-aer/</a>	

**Immune Building Protocols**

Date	Source	Protocol Name	URL	Notes: Email Karen for files
8/13/2020	Dr. Bartlett with Dr. Syed on Bitchute	Budesonide, a very effective nebulized steroid protocol for breathing issues and other symptoms.	<a href="https://www.bitchute.com/video/D0WefTMhzo3g/">https://www.bitchute.com/video/D0WefTMhzo3g/</a>	2/16/2022 from Blanshan's NL, Email Karen for 1-page pdf document.

Date	Source	Protocol Name	URL	Notes: Email Karen for files
7/25/2021	Multiple sources	Fulvic acid may lower cholesterol, helps with gut microbiome, immune system, optimizes cell function, boosts energy, supports brain & skin health, fights free radicals, helps detox.	<a href="https://health.clevelandclinic.org/fulvic-acid/">https://health.clevelandclinic.org/fulvic-acid/</a> , <a href="https://thegoodinside.com/fulvic-acid-benefits/">https://thegoodinside.com/fulvic-acid-benefits/</a> , <a href="https://www.healthline.com/nutrition/fulvic-acid">https://www.healthline.com/nutrition/fulvic-acid</a> , <a href="https://draxe.com/nutrition/fulvic-acid/">https://draxe.com/nutrition/fulvic-acid/</a> , <a href="https://www.benefitsoffulvicacid.com/">https://www.benefitsoffulvicacid.com/</a>	
11/3/2021	Oshana Email	Black Seed Oil/Black Cumin Seed as alternative to Ivermectin to help fight spike protein shedding sickness or vaccine injuries	<a href="https://gab.com/BeachMilk/posts/107194962907316492">https://gab.com/BeachMilk/posts/107194962907316492</a>	URL is a screenshot with dosing info
11/3/2021	SF unMasked	Vibrant Health Resources		PDF
11/3/2021	SF unMasked	Health & Wellness Protocol		PDF
11/11/2021	Dr. Ardis	*Prevention & Immune Protocol	<a href="https://deeproootsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/">https://deeproootsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/</a>	
11/21/2021	Purium	Flush harmful toxins, gut health	<a href="https://ishoppurium.com/products/biome-medic">https://ishoppurium.com/products/biome-medic</a>	
2/11/2022	Mike Jones' email	Belly Button Protocol- Applying oils in the navel for healing		Word

Date	Source	Protocol Name	URL	Notes: Email Karen for files
2/26/2022	Dr. Chetty/Attorney Reiner Fuellmich	Spike Protein Protocol	<a href="https://www.bitchute.com/video/mXwbSGr38lqL/">https://www.bitchute.com/video/mXwbSGr38lqL/</a>	
7/2/2022	3 items	Glutathione, NAC and Vit C	<a href="https://www.integrativepro.com/articles/glutathione-and-n-acetyl-l-cysteine">https://www.integrativepro.com/articles/glutathione-and-n-acetyl-l-cysteine,</a> <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7649937/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7649937/</a>	We know about NIH; good info about NAC; scroll down.

**General Detox Protocols**

Date	Source	Protocol Name	URL	Notes: Email Karen for files
5/23/2021	Jeffrey Dach MD	Ivermectin is Anti-Cancer		Word
5/31/2021	America's Frontline Drs.	ebook, multiple MDs, Hydroxy		PDF, 248 pgs.
5/31/2021	Dr. Simone Gold	White paper on HCQ		PDF, 29 pgs.
6/1/2021	Pine Needle Tea	Detox Protocols: How to make	<a href="https://www.youtube.com/watch?v=IrSqva1Y9Bg">https://www.youtube.com/watch?v=IrSqva1Y9Bg</a>	
6/8/2021	Dr. Zelenko	Homemade Hydroxychloroquine		PDF
6/12/2021	Dr. Betty Martini	Homemade Hydroxychloroquine		Word
6/16/2021	Unknown source	Wild Food Foraging- Pine / Spruce / Cedar / Fir- Evergreen Teas	<a href="https://www.youtube.com/watch?v=RdTcmeXTBHO">https://www.youtube.com/watch?v=RdTcmeXTBHO</a>	
6/28/2021	Multiple sources	Tea protocols		Word

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
7/20/2021	Dr. Judy Mikovits	Why Pine Needle Tea works	<a href="https://holisticgear.com/suramin-the-covid-vaccine-antidote-as-per-dr-judy-mikovits-phd/">https://holisticgear.com/suramin-the-covid-vaccine-antidote-as-per-dr-judy-mikovits-phd/ (to understand how and why it works)</a>	
7/29/2021	7 Herbs	Everyone should consider taking	<a href="https://www.drugfreehelpstore.com/blogs/blog/7-herbs-everyone-should-consider-taking">https://www.drugfreehelpstore.com/blogs/blog/7-herbs-everyone-should-consider-taking</a>	
8/7/2021	Verna Sokolowski	General protocols		Word
8/14/2021	Jae-Min Song 1, Kwang-Hee Lee, Baik-Lin Seong	Green tea for antiviral effect		Word
8/15/2021	Sarah Westfall/Dr. Nieuwma	Keep from getting sick		Word
11/5/2021	Janine	Detox Protocols		Word
11/21/2021	Purium	Flush harmful toxins, gut health	<a href="https://ishoppurium.com/products/biome-medic">https://ishoppurium.com/products/biome-medic</a>	
11/28/2021	Brian Stone	Chlorine Dioxide Detox		PDF
11/29/2021	Dr. Mercola	2 herbs inhibit viruses		PDF
12/8/2021	Verna Sokolowski	Respiratory tea recipe		Word
12/10/2021	Kate Dalley	Small Pox plant cure	<a href="https://www.katedalleyshow.com/show-topics/where-to-get-saracena-purpurea-for-small-pox/">https://www.katedalleyshow.com/show-topics/where-to-get-saracena-purpurea-for-small-pox/</a>	
12/17/2021	Dr. Thomas Levy	Rapid Virus Recovery		320 pages. PDF
12/29/2021	Pre, post & Detox (SF unmasked?)	Health/Wellness Protocols		3 pages. Word
1/11/2022	Michael Blanshan	Health & Wellness Protocol		PDF

ABQ unMasked Protocols Spreadsheet

Date	Source	Protocol Name	URL	Notes: Email Karen for files
2/7/2022	Current Group Member	Ivermectin Cures		Word
2/11/2022	Mike Jones	Belly Button protocols		For various resolutions. Word
3/7/2022	Michael Edwards	Cranberry Lemonade Detox		Word
3/10/2022	Unknown source	Chlorine Dioxide Bath		Word
3/11/2022	Epoch Times	Nebulized Hydrogen Peroxide	<a href="https://www.theepochtimes.com/perhaps-the-most-effective-weapon-against-viral-infections_3781170.html?utm_source=Morningbrief&amp;utm_campaign=mb-2022-03-11&amp;utm_medium=email&amp;est=73f1n8PG9z808xoXDrhIEIZQ3jY1V2noInPuwtfnYKiCWynObCXEDhzaMRdomFVNuC3Ee8EUGnMFjdSC/1c">https://www.theepochtimes.com/perhaps-the-most-effective-weapon-against-viral-infections_3781170.html?utm_source=Morningbrief&amp;utm_campaign=mb-2022-03-11&amp;utm_medium=email&amp;est=73f1n8PG9z808xoXDrhIEIZQ3jY1V2noInPuwtfnYKiCWynObCXEDhzaMRdomFVNuC3Ee8EUGnMFjdSC/1c</a>	
3/22/2022	Earth Clinic	Borax Cures & Health Benefits	<a href="https://archive.earthclinic.com/assets/selecttemplate.php?pageUrl=/remedies/borax">https://archive.earthclinic.com/assets/selecttemplate.php?pageUrl=/remedies/borax</a>	
3/24/2022	Amy Elohim	Oregano Oil Homemade Antibiotic	<a href="https://www.tiktok.com/@amyelohim/video/7077558113691372846?">https://www.tiktok.com/@amyelohim/video/7077558113691372846?</a>	
5/15/2022	Mary's Cancer Protocol	5 items	Tools for Freedom.com	
6/15/2022	Perfect Supplements Australia	Glyphosphate Detox	<a href="https://perfectsupplementsaustralia.com.au/blogs/blog/how-to-detox-from-glyphosate">https://perfectsupplementsaustralia.com.au/blogs/blog/how-to-detox-from-glyphosate</a>	
1/11/2022	Michael Blanshan	Health & Wellness Protocol		PDF

Date	Source	Protocol Name	URL	Notes: Email Karen for files
6/19/2022	TG	Fluoride	<a href="https://www.best-osmosis-systems.com/water-filter-fluoride-removal/">https://www.best-osmosis-systems.com/water-filter-fluoride-removal/;</a> <a href="https://www.graphene-info.com/graphene-oxide-foam-helps-filter-toxins-drinking-water">https://www.graphene-info.com/graphene-oxide-foam-helps-filter-toxins-drinking-water</a>	
6/21/2022	Kerri Rivera	Reversing Autism Protocol	<a href="https://www.truthforhealth.org/resilience/the-universal-antidote/">https://www.truthforhealth.org/resilience/the-universal-antidote/,</a>	
6/22/2022	graphene-info.com	Filtering out fluoride from water	<a href="https://www.graphene-info.com/graphene-oxide-foam-helps-filter-toxins-drinking-water">https://www.graphene-info.com/graphene-oxide-foam-helps-filter-toxins-drinking-water,</a> <a href="https://www.best-osmosis-systems.com/water-filter-fluoride-removal/">https://www.best-osmosis-systems.com/water-filter-fluoride-removal/</a>	
7/22/2022	3 items	Glutathione, NAC and Vit C		Word
7/25/2022	Neem destroys parasites			Word
8/4/2022	The Raw Food World	Papaya Seed Parasite Cleanse		Word
9/29/2022	Pineal Gland cleansing	Pineal Gland cleansing w/sweet basil		JPEG
10/9/2022	Oshana	Oshana		Word
10/3/2022	Tea Remedies	Ultimate Tea Remedies Guide		Word
10/22/2022	Dr Ariyana Love	Lyme and injections detox protocols	<a href="https://delingpole.podbean.com/e/dr-ariyana-love/">https://delingpole.podbean.com/e/dr-ariyana-love/</a>	
11/1/2022	Merritt/Kingston	Anti-parasitic Products		Word
1/4/2023	My Mag Essentials	Mag detox	<a href="https://mymagessentials.com/blogs/news/cleansing-detoxifying-with-magnesium-chloride">https://mymagessentials.com/blogs/news/cleansing-detoxifying-with-magnesium-chloride</a>	

Date	Source	Protocol Name	URL	Notes: Email Karen for files
1/4/2023	Diatomaceous Earth	Parasite Cleanse	<a href="https://www.greenwillowhomestead.com/blog/how-to-use-diatomaceous-earth-as-a-parasite-cleanse-for-humans-pets-and-livestock?fbclid=IwAR1-DcBluXZzTRLotvd-5nMgGi4_Qe03s_2diF4MvGHi99VIH7wnwjY_Ae8">https://www.greenwillowhomestead.com/blog/how-to-use-diatomaceous-earth-as-a-parasite-cleanse-for-humans-pets-and-livestock?fbclid=IwAR1-DcBluXZzTRLotvd-5nMgGi4_Qe03s_2diF4MvGHi99VIH7wnwjY_Ae8</a>	
1/21/2023	Dr. Judy Mikovits	Heavy Metal Detox & Cancer Cures	<a href="https://rumble.com/v12fy35-powerful-interview-with-dr.-judy-mikovits-apr-25-2022.html">https://rumble.com/v12fy35-powerful-interview-with-dr.-judy-mikovits-apr-25-2022.html</a>	
1/21/2023	FLCCC	IVM protocol	<a href="https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/WhatIsIvermectinPremier:f">https://odysee.com/@FrontlineCovid19CriticalCareAlliance:c/WhatIsIvermectinPremier:f</a>	
1/27/2023	Folium Detox Protocols, from Linda Wanner	Folium Detox Protocols	<a href="https://www.life-enthusiast.com/shop/px-super-antioxidant">https://www.life-enthusiast.com/shop/px-super-antioxidant</a>	
2/1/2023	From Tim Aur, facebook	Heart attack alone protocol		Word
2/5/2023	Detoxing with Moringa	plus general health benefits	<a href="https://www.goodhousekeeping.com/health/a40758441/moringa-health-benefits">https://www.goodhousekeeping.com/health/a40758441/moringa-health-benefits</a>	
2/14/2023	David Quintana	Healing Bronchitis/Upper Respiratory Issues	laboratory-produced, pure, potent Mesosilver product be ordered directly from the <a href="https://www.purestcolloids.com/">https://www.purestcolloids.com/</a>	Email Karen for David's amazing story (word file)
2/20/2023	Gavin Mousey	Glyphosate and Dioxin Detox	<a href="https://gavinmounsey.substack.com/p/glyphosate-and-dioxin-detox?publication_id=798524&amp;post_id=103498018&amp;isFreemail=true">https://gavinmounsey.substack.com/p/glyphosate-and-dioxin-detox?publication_id=798524&amp;post_id=103498018&amp;isFreemail=true</a>	

Date	Source	Protocol Name	URL	Notes: Email Karen for files
2/23/2023	Truth Comes to Light	Dioxin Detox	bicarbonate-baking-soda-rescue-of-ohio/?fbclid=IwAROS2OTDDB2mboI9nBEnT10	
2/23/2023	Worldwide Wellness	EZ Detox (EDTA transdermal cream for heavy metals)		Article promotes EDTA chelation + this product. Email Karen for article,
<b>General - Miscellaneous</b>				
Date	Source	Protocol Name	URL	Notes
11/14/2021	Bing returns for Xylitol	Upper respiratory relief	<a href="https://www.bing.com/search?q=nasal+spray+with+natural+xylitol+remedy">https://www.bing.com/search?q=nasal+spra y+with+natural+xylitol+remedy</a>	
11/22/2021	Opus	Opus Vibrational Sound Bed	<a href="https://feelopus.com/">https://feelopus.com/</a>	
11/22/2021	Biome Medic	Products	<a href="https://ishoppurium.com/products/biome-medic">https://ishoppurium.com/products/biome- medic</a>	
11/26/2021	Dr. Zelenko	Z-Stack product	<a href="https://zstack.vladimirzelenkomd.com/products/z-stack">https://zstack.vladimirzelenkomd.com/produ cts/z-stack</a>	
11/28/2021	Dr. Merritt	Ivermectin Dosing (Animal paste)	<a href="https://www.drleemerritt.com/uploads/Calculating%20the%20Dose%20of%20Ivermectin%201%20Nov21.pdf">https://www.drleemerritt.com/uploads/Calc ulating%20the%20Dose%20of%20Ivermectin %201%20Nov21.pdf</a>	
5/22/2022	Truth for Health Foundation	Recommended Lab Tests for Vax Injury		PDF
9/29/2022	Ana Maria Mihalcea, MD, PhD	D-Dimer testing	<a href="https://rumble.com/v14n6aa-d-dimer-elevation-in-the-unvaccinated.-a-marker-of-shedding.html">https://rumble.com/v14n6aa-d-dimer- elevation-in-the-unvaccinated.-a-marker-of- shedding.html</a>	
2/23/2023	Too Slick	Kratom, Red Bali, Red Maeng Da	<a href="https://tooslick.com/red-maeng-da-vs-red-bali/">https://tooslick.com/red-maeng-da-vs-red- bali/</a>	Red Bali for sleep/chronic pain, Red Maeng Da for stress, anxiety, depression & to suppress appetite (night)



Date	Source	Protocol Name	URL	Notes: Email Karen for files
3/14/2023	Michael Batrano, Liberty's Horizon	Cardio Miracle product (a nitric oxide supplement)	<a href="https://cardiomiracle.com/">https://cardiomiracle.com/</a>	
3/14/2023	Michael Batrano, Liberty's Horizon	DNA Detox solutions (3 products)	<a href="https://idlife.com/shop/product/05-0048">https://idlife.com/shop/product/05-0048</a>	
3/14/2023	Michael Batrano, Liberty's Horizon	Chlorine Dioxide		See other sections for resources.